



PARENT ACADEMY

- Student Achievement
- Parenting and Advocacy
- Personal and Individual Growth

TOPIC SUGGESTION SHEET

Place a check by the suggested session topics listed below and write-in any additional topics.

Student Achievement

___ *STAY CONNECTED, ONLINE PARENT TOOLS*: Assist parents in navigating UCS online tool for parents to stay connected to your child's academic performance. Parents will learn how to gain access to attendance, grades, class schedules, and more.

___ *AM I ON TRACK? STRATEGIES FOR STUDENT SUCCESS FOR GRADES K-8*: Where to and how to use resources at school and home to aid in student success.

___ *ATTENDANCE MATTERS*: Why attendance is important for student success. It will provide information on the consequences of students who are absent regularly.

___ *HOW TO EFFECTIVELY COMMUNICATE AND PRAISE YOUR CHILD IN THE 21st CENTURY*: Tools and strategies to enhance and develop a two-way line of communication between the parent and student.

Parenting and Advocacy

___ *ANGER MANAGEMENT AND CONFLICT RESOLUTION*: Obtaining knowledge on how past learning can influence present behavior. It also will discuss current trends and how they impact potential future societal issues.

___ *CREATING SAFE AND SUPPORTIVE ENVIRONMENTS/BULLY FREE*: Review the warning signs and descriptions of behavior associated with bullying for both the victim and the bully, the laws associated with bullying, and UCS policies and procedures.

___ *EFFECTIVE STRATEGIES TO OVERCOME EMOTIONAL BEHAVIORS IN YOUTH*: Understanding why youth have emotional breakdowns, how to deal with them, and ways to help avoid meltdowns from taking place.

___ *INTERNET SAFETY AND SECURITY*: Create secure passwords, avoid Internet scams, and evaluate website safety in order to surf the web safely.

Personal and Individual Growth

___ *BEING A BETTER YOU-ESTABLISHING AND ATTAINING LONG AND SHORT TERM GOALS*: Ways to enhance your life using motivational, coping, and healthy techniques in reaching personal or professional milestones.

___ *BUILDING AND RE-BUILDING YOUR CREDIT*: Techniques to build your credit or increase your credit score.

___ *GENERAL EDUCATION DEVELOPMENT (GED) PREPARATION*: Interested in earning your GED? Information provided on preparation courses, testing and class location and schedule.

___ *READING LITERACY*: Are you a challenged reader? Contact UCS if you are interested in developing reading skills.

Suggested Topic
